SEC For	m 4																
	FORM	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL				
Section 16. Form 4 or Form 5 obligations may continue. See					A pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							SHIP	Estima	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			
1. Name and Address of Reporting Person* Kalita Karen A					2. Issuer Name and Ticker or Trading Symbol <u>CABOT CORP</u> [CBT]							eck all applic Directo	able)	10% Owner			
	C/O CABOT CORPORATION				3. Date of Earliest Transaction (Month/Day/Year) 03/13/2020							below)		below) and General Counsel			
(Street)	TWO SEAPORT LANE, SUITE 1300 (Street) BOSTON MA 02210			4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Indivi Line) X												
(City) (State) (Zip)													Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D.)				nsactior	ction 2A. Deemed Execution Date,			3. Transactic Code (Inst	4. Securi	D f, or Beneficia ities Acquired (A) or d Of (D) (Instr. 3, 4 an		5. Amour Securitie Beneficia Owned F	nt of s ally following	6. Own Form: (D) or I (I) (Inst	Direct o Indirect B tr. 4) O	7. Nature of Indirect Beneficial Ownership	
								Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable an Expiration Date (Month/Day/Year)		7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Phantom Stock	(1)	03/13/2020		A		6.1608		(2)	(2)	Common Stock	6.1608	\$32.27	574.179	94	D		

Explanation of Responses:

1. 1 for 1

2. Represents dividends paid on phantom stock units acquired under the Corporation's Supplemental 401(k) Plan and to be settled upon the reporting person's retirement or other termination of employment. **Remarks:**

By: Kristine L. Ouimet,

pursuant to a power of attorney 03/16/2020 from Karen A. Kalita

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.