FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

vvasimigton,	D.O.	20040	

OMB APPROVAL

OMB Number:	3235-0287								
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hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Doubman John R</u>					2. Issuer Name and Ticker or Trading Symbol CABOT CORP [CBT]								Check	c all applica Director	able)	g Pers	on(s) to Issu 10% Ow Other (s	ner
(Last) (First) (Middle) C/O CABOT CORPORATION TWO SEAPORT LANE, SUITE 1300					3. Date of Earliest Transaction (Month/Day/Year) 06/14/2019								X	below)	enior Vic	ce Pre	below)	Jectify
(Street) BOSTON MA 02210 (City) (State) (Zip)				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								. Indir ine) X	′				
1. Title of Security (Instr. 3) 2. Transa Date				Fransaction te	cative Securities Acq action Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transact Code (In 8)	4. Securit		of, or Benefici		nd 5)	5. Amount of		Form:	Direct Indirect Estr. 4)	7. Nature of indirect Beneficial Dwnership Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		[8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Share	.		(Instr. 4)			
Phantom Stock	(1)	06/14/2019		A		30.1258		(2)		(2)	Common Stock	30.125	58	\$45.47	3,943.9	205	D	

Explanation of Responses:

1. 1 for 1

Remarks:

By: Kristine L. Ouimet, pursuant to a power of attorney 06/18/2019 from John R. Doubman

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{2.} Represents dividends paid on phantom stock units acquired under the Corporation's Supplemental 401(k) Plan, and will be settled upon the reporting person's retirement or other termination of employment.