FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFICIAL	OWNERSHIP

	OMB APPRO	OVAL
l	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Wolfgruber Matthais L.					2. Issuer Name and Ticker or Trading Symbol CABOT CORP [CBT]									elationship c ck all applic Directo	able)	Pers	on(s) to Iss		
(Last) (First) (Middle) C/O CABOT CORPORATION					3. Date of Earliest Transaction (Month/Day/Year) 06/14/2019							1	Officer below)	(give title		Other (sbelow)	specify		
TWO SEAPORT LANE, SUITE 1300				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
(Street)	N M	A	02210											Line	Form fi	led by One led by More		•	I
(City)	(St	tate)	(Zip)																
		Tab	le I - Non	-Deriv	ative	e Se	curities	s Ac	quired, D	isp	osed o	f, or B	ene	ficiall	y Owned				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				5. Amour Securitie Beneficia Owned F	es For ally (D) collowing (I) (: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	,	Amount	ount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	Date, T	Transa Code (I		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisab Expiration Date (Month/Day/Year)		of Securities		curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owr Forr Dire or Ir (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				C	Code	v	(A)		Date Exercisable		xpiration ate	Title	or Nu of	umber					
Phantom Stock	(1)	06/14/2019			A		72.249		(2)		(2)	Commo Stock	n 72	2.249	\$45.47	9,458.42	26	D	

Explanation of Responses:

- 2. Represents dividends paid on phantom stock units acquired under the Corporation's Non-Employee Director's Deferral Plan and will be settled upon the reporting person's termination of service as a director.

Remarks:

By: Kristine L. Ouimet, pursuant to a power of attorney 06/18/2019 from Matthias L. Wolfgruber

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.