FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

-	OIVID AFF	ROVAL
	OMB Number:	3235-028

	Check this box if no longer subject to
	Section 16. Form 4 or Form 5
_	obligations may continue. See
	Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

l	OMB APPROVAL									
	OMB Number:	3235-0287								
l	Estimated average burden									
l	hours per response:	0.5								

Name and Address of Reporting Person* Doubman John R					2. Issuer Name and Ticker or Trading Symbol CABOT CORP [CBT]							(Chec	ationship of k all applica Director Officer (g	ble)	p Perso	n(s) to Issu 10% Ov Other (s	/ner			
(Last) (First) (Middle) C/O CABOT CORPORATION					3. Date of Earliest Transaction (Month/Day/Year) 12/31/2018						X	below)	enior Vi	ce Pre	below)	респу				
TWO SEAPORT LANE, SUITE 1300					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)	6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) BOSTON MA 02210			02210									X	Form filed by More than One Reporting							
(City)	(S	tate)	(Zip)												Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date		r, Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4					Form: ly (D) or		7. Nature of Indirect Beneficial Ownership				
							С	ode V	<i>,</i>	Amount	0	(A) or (D)	Price	Transaction(s)			(Instr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Yea	Code	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Yea		ate		7. Title and Amo Securities Under Derivative Secur (Instr. 3 and 4)		nderlying ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Followin Reported Transact	re es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exer	rcisable	Ex Da	piration ate	Title		Amount or Number of Shares	(Instr. 4					
Phantom Stock Units	(1)	12/31/2018		A		848.1563			(2)		(2)	Comm		348.1563	\$42.94	3,884.4	1745	D		

Explanation of Responses:

- 1. 1 for 1
- 2. The reported phantom stock units were acquired under the Corporation's supplemental 401(k) plan and are to be settled upon the reporting person's retirement or other termination of service in accordance with the provisions of the plan.

Remarks:

By: Kristine L. Ouimet, pursuant to a power of attorney 01/03/2019 from John R. Doubman

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.