FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number 3235-0104

01/24/2005

Date

attorney from Ravijit Paintal
** Signature of Reporting Person

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Paintal Ravijit			2. Date of E (Month/Day, 01/14/200		Statement	3. Issuer Name and Ticker or Trading Symbol CABOT CORP [CBT]						
(Last) C/O CABOT CORPO	(First) PRATION	(Middle)				Relationship of Reporting Person(s) to Issuer (Check all applicable) Director	10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year)			
TWO SEAPORT LANE						Officer (give title below) X Other (specify below) General Manager, FMO/Aerogels		elow)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person			
(Street) BOSTON	MA	02210				General Manager, FWO/F	Herogers			Form filed by Mo	re than One Reporting Person	
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership For (D) or Indirect (I) (n: Direct nstr. 5) 4. Nature of Indirect Beneficial Ownership (Instr. 5)			al Ownership (Instr. 5)		
Common Stock						16,500	D					
Common Stock					208	I			Through the Trustee of the Corporation's Retirement Savings Plan.			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
Ex				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion of Exercise Price of Derivative Security		5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
				Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security				
Series B ESOP Convertible Preferred Stock (1)				(1)	Common Stock	1,202	(2)		I	Through the Trustee of the Corporation's Retirement Savings Plan.		

Explanation of Responses:

Remarks:

Explantation or Reputation Service; and 100% vested after 4 years of service; and 100% vested after 5 years of service.

2. Each share is convertible into 146.3782 shares of the Corporation's common stock.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
† If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Volations See 18 U.S.C. 1001 and 15 U.S.C. 76ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Jane A. Bell, Michaela Allbee and Brian A. Berube, signing singly, the under

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Cabot Corporation (the "Company"), Forms 3, 4, and

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 (incl

) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary,

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 12th day of January, 2005.

/s/ Ravijit Paintal

Signature